



# What's on



# this Spring



**PICKLEBALL**

**COMING TO  
WELLSWAY & SBL SPORTS CENTRES  
THIS MARCH**

**FOR THE LAUNCH DATE & TASTER SESSIONS  
REGISTER YOUR INTEREST ONLINE**

We are so excited to be adding PICKLEBALL to the list of PAYG activities we have to offer. It will be live in our centres this March but if you want to keep up to date on the launch date, and taster sessions then please register your interest, using this link <https://forms.office.com/e/LHkBEki4w8> More information on page on our few last pages.

**Bank Holidays**  
**MARCH / APRIL 2024**

Friday 29th March - 9-1pm  
Saturday 30th March 2024 - Open as normal  
Sunday 31st March 2024 - CLOSED  
Monday 1st April 2024 - 9-1pm

**MAY 2024**

Monday 6th May 2024 - 9-1pm  
Monday 27th May 2024 - 9-1pm

**A Message from Jodie Deason, Sales and Business Development Manager for Commercial Services.**

As part of my role I am proud to be able to share all that the sports centres have to offer you. From gym/fitness class memberships, all our PAYG activities, school holiday activities, and then of course, the great events that are held at both WellsWay and SBL Sports Centres. We have amazing, versatile sports venues that are available to hire. So if you want to find out more please do drop me an email [scenquiries@futuralearning.co.uk](mailto:scenquiries@futuralearning.co.uk)

Right now though we are so excited to launch Pickleball, of which my own family can't wait to start playing. Register now to find out more and to be added to the waiting list.

Happy Easter

*Jodie*

**New early-stage 3G Pitch proposal at  
Wellsway Sports Centre**

**Our local and sporting community,  
we would like to hear from you.**

We are in early consultation with Somerset FA as a proposed site for a new 3G Pitch in addition to the current Astro Pitch. We would be very grateful if you could complete the form with your thoughts and feedback. This helps to decide if there is a need or if you would like this pitch in the area. Please use the link <https://forms.office.com/e/LHkBEki4w8>

**Thank you in advance.**



**Don't miss out!**

Book your SUMMER friendlies/pre-season matched and training sessions now. Both our pitches are getting increasingly busy so pre-book your summer sessions now.

You can now book all activities online, click [BOOK ONLINE HERE](#) on our websites.

[www.sportwellsway.com](http://www.sportwellsway.com)

[www.sblsports.co.uk](http://www.sblsports.co.uk)



# What's on *this Spring*



Our group exercise classes remain as popular as ever at both our sports centres. Whether you are a member or a PAYG user, we love to see our classes thrive. As we move into summer some of our classes will be able to move outside but we need it to be a bit warmer to be able to offer this. If you are ever unsure what a class entails please check our website where we have full descriptions under 'What we have to offer' or scan the QR code below. As our classes are so popular please always remember to cancel if you are unable to make them, so members on the waiting list can take your place. Step-by-step guide below.



BootCamp at WellsWay



Studio Cycling at WellsWay



**BELLYMIXTURES** is a low impact, Middle Eastern based dance class suitable for ages 16 to 106! Held in the lovely mirrored dance studio at **SBL Sports Centre** every Monday at 7pm. Call Gaye on 07900 216913 for more information.

## Class Timetable

The most up to date class timetable can be found online or via the QR code  
Visit our websites, along with our opening times to see what else we have to offer.



BodyPump at SBL



Scan the QR code for class information



### BarreX®

You can always see a small amount of trepidation when people come to try a ballet based fitness class for the first time not knowing what to expect, but the instructors pride themselves on making ballet accessible to anyone who tries our class.



Pilates at WellsWay

## Always remember!

When you are a member of one centre you are automatically a member of our other sports centre. So if your favorite class is full, always check the other site. Some of our instructors also operate across both sites.

# Cancel

 your class in 3 easy steps!

1

LOGIN TO YOUR ONLINE ACCOUNT

2

SELECT THE CLASS YOU WANT TO CANCEL UNDER UPCOMING BOOKINGS

3

CLICK 'CANCEL' YOUR CLASS IS NOW CANCELLED

If you are unable to make your class please cancel your space to give someone else the opportunity on the waiting list.

Thank you!

[www.sportwellsway.com](http://www.sportwellsway.com) [www.sblsports.co.uk](http://www.sblsports.co.uk)





# What's on *this Spring*

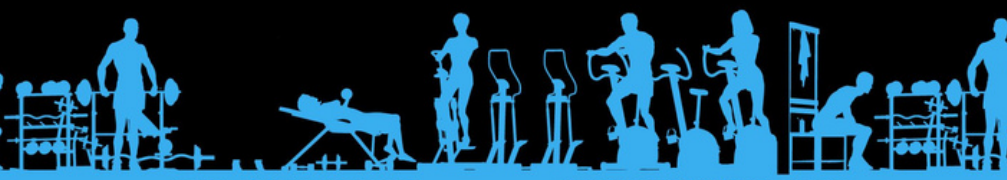


## TEEN GYM MEMBERSHIP

Year 9, 10 + 11 Students

**MONDAY - FRIDAY 3:15 PM-4:30 PM**  
**WEEKENDS 11:00AM-3 PM**  
**SCHOOL HOLIDAYS 10:00 AM-4:30 PM**  
 LAST ENTRY IS 30 MINUTES BEFORE SESSION END TIME.

£3 per session or £24 for block of 10  
 Payment by card only or Prepaid over the phone  
 Visit the centre reception to join or ask for more details



**NOT ON AFTER SCHOOL DUE TO EXAMS IN  
 WELLSWAY SPORTS CENTRE - 26TH APRIL TO 28TH JUNE 2024**

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### Follow Us on Social Media

Get Connected For Our Latest Offers, Giveaways, Updates & Tips



**UNBROKEN**  
 FITNESS SERIES  
**BATTLE OF BRISTOL**

**HAVE YOU ASSEMBLED YOUR TRIBE??**

**WHAT?**  
 MIXED TEAMS OF 4  
 (2M & 2F)  
 INCLUSIVE EVENT FOR ALL ABILITIES

**WHERE?**  
 SBL SPORTS CENTRE,  
 OLDLAND COMMON,  
 BRISTOL  
 BS30 8TS

**WHEN?**  
 SATURDAY  
 13 APRIL  
 2024

**WHY?**  
 TOGETHER WE ARE STRONGER  
 TOGETHER WE ARE UNBROKEN  
 TOGETHER WE CAN DO ANYTHING

**UNBROKEN**  
 FITNESS SERIES

**THE BATTLE OF BRISTOL**

MIXED TEAMS OF 4 / **NO QUALIFIERS** / **PODIUM PRIZES**

**4 ALL INCLUSIVE WORKOUTS** / GREAT VENUE

FLEXIBLE STANDARDS/ **NO RIG OR HIGH SKILL** / **BARBELL CYCLING AT 35/50KG RX** / **DB'S AT 15/22.5KG RX**

EVENT MEDIA / **LIVE DJ** / **VENDOR VILLAGE**

**FREE TSHIRT** / **UNBROKEN MERCHANDISE DISCOUNTS**

You can now book all activities online, click [BOOK ONLINE HERE](#) on our websites.

[www.sportwellsway.com](http://www.sportwellsway.com) [www.sblsports.co.uk](http://www.sblsports.co.uk)



# What's on *this Spring*




## GIRLS FOOTBALL CAMP

**THIS EASTER!!**  
Elevate your football game this Easter half-term by joining our girls-only football camp! Prepare to have a blast while mastering new skills under the guidance of our experienced coaches. The camp will focus on ball mastery, attacking and defending techniques, passing drills, match play, and much more! Our camps are tailored specifically for girls and are led by female coaches who serve as role models. Don't miss out on this opportunity to take your game to the next level! Sign up today!

**DATES:** 5th, 11th, and 12th of April  
**TIMES:** 10am until 2pm  
**LOCATION:** SBL Sports Centre, BS30 8TS  
**AGES:** 6 to 13 years  
**PRICE:** £25 per day or £60 for all 3 days!



SCAN ME

**TO BOOK:**  
Please head to our website [absportscoaching.com](https://absportscoaching.com) and select 'Sports Camps'. Alternatively please scan the QR code or follow this link to be taken directly to the booking page - <https://bookwhen.com/absportscoaching>

@ABSportsCoaching AB Sports Coaching  
ABSportsCoaching@outlook.com Absportscoaching.com

## Progressive Active Camps

Be happy, healthy and active!

Easter Holidays - 2nd April to 12th  
April 9.00am to 3.30pm  
For children 4-13 years old



Wellsway Sports Centre,  
Keynsham, BS31 1HH

**BOOK NOW!**



Call: 01225 285050  
Email: [j.mctiernan@progressive-sports.co.uk](mailto:j.mctiernan@progressive-sports.co.uk)  
Book Online: [progressive-sports-bath.class4kids.co.uk](https://progressive-sports-bath.class4kids.co.uk)

Childcare vouchers accepted

## LACE UP YOUR SKATES

Roller Disco Every Friday  
4.30pm to 5.45pm  
(term time only)

### Cancellation Notice

Every Tuesday & Thursday  
in the School Holidays  
4.00pm to 4.45pm  
5.00 to 5.45pm

- £4.50 per child
- Age 5 - 12 years old
- Bring your own skates
- Recommend to wear protective gear \*
- Adult to stay at all times \*



**Friday Night Roller Disco is cancelled**

26th April to 28th June 2024 (term time) due to exams being held in the sports centre.

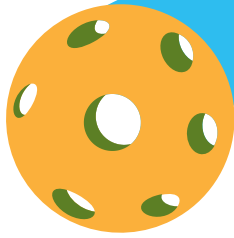
## AVON DANCERS CLUB

**CITY OF BRISTOL CHAMPIONSHIPS**  
Sunday 28th April at Wellsway Sports Centre

Avon Dancers Club is privileged to host two major annual ballroom and Latin-American competitive events, which are the only such events hosted by an amateur organisation in the UK. Both are at Wellsway Sports Centre, with the first event this April.

For further details, spectator tickets, and entry forms contact Peter Jones by email, [dancewithpj@msn.com](mailto:dancewithpj@msn.com) or visit the website [www.avondanceclub.org.uk](http://www.avondanceclub.org.uk). Everyone is welcome to come along and watch. There is a discount if you book in advance or you can pay on the day.





# PICKLEBALL IS HERE!



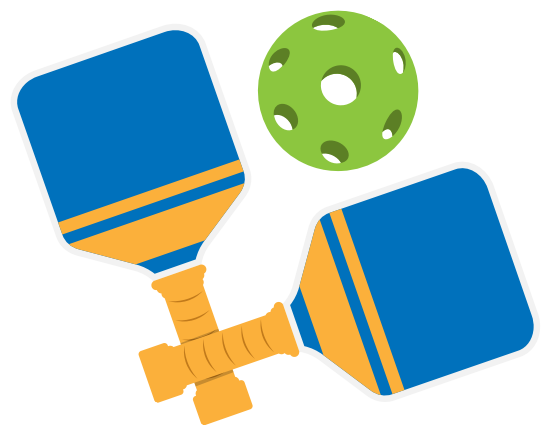
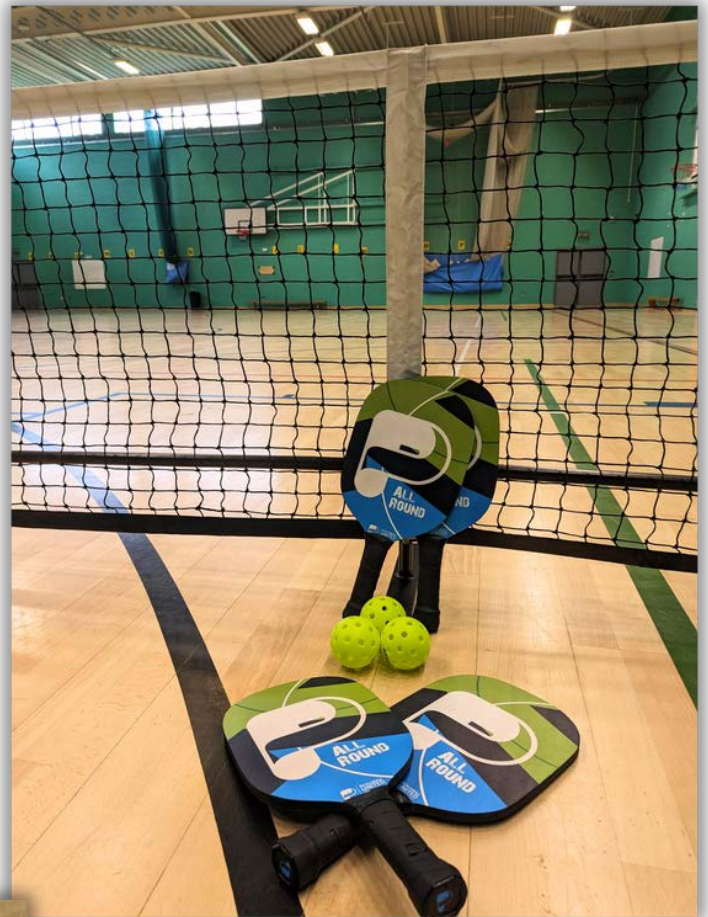
**COMING THIS MARCH! Pay As You Go PICKLEBALL at both SBL and Wellsway Sports Centre.** From the end of March, you will be able to book this fun, fast-growing sport in our centres. We have rackets and balls for hire. We will be adding taster sessions for anyone who wants to come along and try it. You can register to be the first person in the know and get the dates of the taster sessions. Register online.

#### What is Pickleball?

Pickleball is a fun sport that combines elements of badminton, tennis, and table tennis. Played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, over a net.

#### Pickleball Rules

We will have the rules on hand for you when you first come along, in case you haven't played before. Or you can have a look at the PICKLEBALL ENGLAND website which has all the information you need to know. Visit [www.pickleballengland.org](http://www.pickleballengland.org)



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[www.sblsports.co.uk](http://www.sblsports.co.uk)



# PICKLEBALL



**PAYG PICKLEBALL IS HERE !**  
**PLAY THIS FUN, FAST GROWING SPORT WITH FRIENDS OR FAMILY. GREAT FOR ALL AGES**

|                                   |                     |
|-----------------------------------|---------------------|
| <b>PICKLEBALL COURT</b>           | <b>£11 PER HOUR</b> |
| <b>RACKET AND BALL HIRE FOR 2</b> | <b>£4 PER HOUR</b>  |
| <b>RACKET AND BALL HIRE FOR 4</b> | <b>£8 PER HOUR</b>  |

## NOT PLAYED BEFORE ?

SCAN THE QR CODE FOR THE BASIC RULES OF THE GAME. RACKET AND BALL HIRE AVAILABLE BOOK ONLINE OR AT THE RECEPTION  
[WWW.SPORTWELLSWAY.CO.UK](http://WWW.SPORTWELLSWAY.CO.UK)  
[WWW.SBLSPORTS.CO.UK](http://WWW.SBLSPORTS.CO.UK)



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SALTO  
Gold Partner  
CYBER ESSENTIALS CERTIFIED

**CCTV** **EXTERNAL SECURITY** **ACCESS CONTROL**  
**FIRE DOORS** **INSTALLATION** **WINDOW & DOOR AUTOMATION**  
**MASTER KEY SYSTEMS** **TRADE COUNTER** **KEY CUTTING**

We would like to welcome Gemsec on board and thank them for supporting and investing in our school communities.

At Gemsec, we have extensive experience working with the education sector to provide innovative and practical solutions to the constantly evolving challenges of safeguarding, facility security, fire/health & safety compliance and disabled access. We are specialists in the installation and maintenance of CCTV, access control, fire doors, steel doors, and the automation of doors, shutters and gates. We ensure that all of our work is fully compliant, and offer excellent value maintenance contracts to ensure that things stay that way. These are just some of the products and services that we offer:

**Access Control:** Gemsec are gold standard installers of Paxton and Salto, two of the most popular, secure and reliable producers of access control equipment on the market.

**CCTV:** We are fully trained and certified installers of Dahua CCTV equipment, providing state-of-the-art CCTV systems for schools across the southwest.

**Automation:** Gemsec has ADSA accreditation for the installation of automated pedestrian doors, and with our specialist engineers we provide a full installation and maintenance service for automated doors, gates and shutters.

**Masterkey Systems:** Our MLA certified master locksmiths produce and maintain hundreds of masterkey systems from a range of manufacturers to suit any budget or size of system.

**Doors:** Gemsec are experts at installing and maintaining doors of all kinds. Our experience, and third-party certifications, mean that we can ensure that doors are safe, reliable and compliant with all relevant standards.

*Advertorial supplied by Gemsec.*

Thank you for supporting our schools by being a Futura Community Business Partner



For more information on the Futura Business Partnership Scheme, please call 0117 916 1035 or email [jdeason@futuralearning.co.uk](mailto:jdeason@futuralearning.co.uk)

Disclaimer: It should be noted that this is a paid-for partnership and a business partner is not endorsed by the trust. We accept no liability for problems should they arise.

Do you want to become a Futura Business Partner? Would you like more details on the scheme? If so please contact Jodie Deason on [jdeason@futuralearning.co.uk](mailto:jdeason@futuralearning.co.uk) or call 0117 9161035 [www.sportwellsway.com/futura-community-business-partnership-scheme/](http://www.sportwellsway.com/futura-community-business-partnership-scheme/)